VPCI NEWSLETTER

VALLABHBHAI PATEL CHEST INSTITUTE NEWSLETTER

VOL. 11, NO. 2 VPCI NEWSLETTER (1ST JULY - 31ST DECEMBER 2023)



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FROM THE EDITOR'S DESK

It is with great pleasure that we are presenting the Volume 11, No.2 of the Vallabhbhai Patel Chest Institute (VPCI) Newsletter to you, for the period 1st July-31st December 2023.





VPCI participated in the 'Swacchta Hi Seva' Shramdaan initiative of University of Delhi led by the Union Minister of Education and Skill Development & Entrepreneurship, Shri Dharmendra Pradhan and other dignitaries on 1st October 2023.





The 17th Professor Autar Singh Paintal Memorial Oration was held on 27th September, 2023. Dr. Vijay Chauthaiwale, Chairman Governing Body, VPCI presided over the event and inaugurated the Passenger cum Bed lift for Indoor Patients of VPCI on this day.





The Dr. VK Vijayan Oration, on the topic 'COPD: The Emerging Epidemic and our Research Journey" was held on 26th October, 2023 at Paintal Memorial Golden Jubilee Auditorium of the Institute. The VPCI celebrated the world IPF week from 17th-24th September, 2023, The World's Aids Day on 1st December 2023.

Prof. Raj Kumar, Director congratulates the VPCI faculty, staff and students on their achievements and wishes them all the very best in all their future endeavors.

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Certificate Course On Diagnosis Of Respiratory Allergy and Immuno Therapy- 20th-22nd July, 2023









The Certificate Course on Diagnosis of Respiratory Allergy and Immunotherapy was organized by National Centre of Respiratory Allergy, Asthma & Immunology supported by Society for Tobacco Control on $20^{th} - 22^{nd}$ July, 2023 at Paintal Memorial Golden Jubilee Auditorium. Mr. Pankaj Johri, Director, Head – Operation (Medical), NABL was the Guest of Honour of the Programme, Dr. Achal Gulati was the Chief Guest of the Programme, Prof. Raj Kumar was the Chairman of the organizing committee.

Independence Day Celebration-15th August, 2023







The Institute celebrated the 77th Independence Day on 15th August 2023, at VCH Lawn, V.P. Chest Institute. Prof. Raj Kumar, Director of the Institute hoisted the flag. VPCI staff and students were present at the occasion. The program ended with the distribution of sweets among the people present.

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Public Lecture on -Air Pollution: A Menace and Its Effect on Lungs -24th August, 2023





The VPCI organized a Public Lecture on "Air Pollution: A Menace and Its Effect on Lungs" at Paintal Memorial Golden Jubilee Auditorium, on 24th August, 2023. Prof. B.K. Menon, Dr. Nitin Goyal, Dr. Sonam Spalgais, & Dr. Siddharth Raj Yadav, from the Dept of Pulmonary Medicine were the Speakers of the Programme. Quiz session was kept at the end of the programme.

Public Lecture on -Air Pollution: A Menace and Its Effect on Lungs -24th August, 2023





The VPCI organized a Public Lecture on "Idiopathic Pulmonary Fibrosis (IPF)" at Paintal Memorial Golden Jubilee Auditorium, on 21st September, 2023. Prof. B.K. Menon, Dr. Nitin Goyal, Dr. Parul Mrigpuri, Dr. Siddharth Raj Yadav, from the Dept. of Pulmonary Medicine were the Speakers of the Programme. Quiz session was kept at the end of the programme.

Public Lecture on Winter is Coming: Respiratory Issues Let's know it All- 23rd November, 2023



The Public Lecture on Winter is Coming: Respiratory Issues Let's know it All, was organized at VP Chest Institute, on 23rd November, 2023. The faculty of Dept. of Pulmonary Medicine, VPCI spoke on the subject and interacted with the Public.

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The World IPF week celebrations -17th-24th September, 2023





The VPCI organised various activities to celebrate the World IPF week from 17th-24th September, 2023. These included (i) 18th September 2023- Journal Club- Diagnosis of Idiopathic Lung Fibrosis-ATS/ERS/JRS/ALAT Clinical Practice guidelines and Regional e-poster making competition Theme- awareness regarding Interstitial lung diseases.





(ii) 19th September 2023- A Seminar on- 2022 Update on Clinical Practice Guidelines for diopathic Pulmonary fibrosis and Progressive Pulmonary fibrosis was organised at Paintal Memorial Golden Jubilee auditorium





(iii) 20th September 2023- Lecture on 'Nanotheranostics and targeted drug delivery for IPF' was taken by Prof. Ritu Kulshrestha, Dept of Pathology, VPCI.

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(iv) 21st September 2023- Public Lecture on IPF was organised.





(v) On 22nd September 2023- Patient awareness Program was held in OPD and Lecture on Antifibrotics was taken at Paintal Memorial Golden Jubilee auditorium. by Dr Parul Mrigpuri, Dept of Pulmonary Medicine, VPCI.

CME on 'Boosting Public Confidence in Pharmacovigilance-22nd September, 2023





The VPCI organised, CME on Boosting Public Confidence in Pharmacovigilance on 22nd September, 2023. Prof. Kavita Gulati Dept. of Pharmacology delivered a talk "Pharmacovigilance: Concepts and application" during the CME.

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17th Prof. Autar Singh Paintal Memorial Oration -27th September, 2023





The VPCI organized the 17th Professor Autar Singh Paintal Memorial Oration on 27th September, 2023 at the Paintal Memorial Golden Jubilee Auditorium. The oration was delivered by Prof. Nikhil Tondon, Prof. & Head, Department of Endocrinology and Metabolism, AIIMS, New Delhi. The topic of the oration was "Harnessing Technology and Task Sharing to Improve Management of Non Communicable Disease". The Programme was Presided by Dr. Vijay Chauthaiwale, Chairman, Governing Body, VPCI. Prof. AN Aggarwal, Dean, Faculty of Medical Sciences, University of Delhi, Delhi was the Chief Guest of the programme.

Passenger Cum Bed Lift Inauguration-27th September, 2023





The Institute (VPCI) inaugurated Passenger cum Bed lift on 27th September, 2023 by Dr. Vijay Chauthaiwale, Chairman, Governing Body, VPCI.

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Swachhta Pakhwada - 1st October, 2023



VPCI participated in the 'Swacchta Hi Seva' Shramdaan initiative of University of Delhi led by the Union Minister of Education and Skill Development & Entrepreneurship, Shri Dharmendra Pradhan on 1st October 2023. The Institute (VPCI) organized a Cleanliness drive around the area outside Institute's boundary walls from Gate number 1 to 4, on this day. Teachers, Students, and Staff of Delhi University as well as citizens joined the cleanliness drive to pay 'Swacchanjali' to Mahatma Gandhi.

Dr. VK Vijayan Oration-26th October, 2023





Dr. VK Vijayan Oration was organized on 26th October, 2023 at Paintal Memorial Golden Jubilee Auditorium of the Institute. Dr. JL Meena, Member MARB, National Medical Commission, New Delhi was the Chief Guest of the programme. Prof. Balaram Pani, Dean of Colleges, University of Delhi, Delhi and Prof. Ravindra Kumar Dewan, Director NITRD, New Delhi were the Guests of Honour. The oration was delivered by Prof. Anant Mohan, Professor & Head Department of Pulmonary, Critical Care & Sleep Medicine, AIIMS, New Delhi. The topic of the oration was "COPD: The emerging Epidemic and our research journey". All faculty, Staff & Students attended the Programme.

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Smoking Cessation Cum Contact Program of Certificate Course- 27th October 2023





The VPCI organized "Smoking Cessation cum Contact Program of Certificate Course" at Paintal Memorial Golden Jubilee Auditorium, 27th October 2023.

World Aids Day-1st December, 2023





The Institute observed the 'World's Aids Day' on 1st December, 2023 to unite in the fight against HIV and show solidarity for people living with HIV with a pledge by all faculty/staff/students of the institute near Gate no. 1 of the institute at 3:30 p.m.

Certificate Course On Diagnosis Of Respiratory Allergy And Immunotherapy-14th-16th December, 2023





The VPCI organized a "Certificate Course on Diagnosis of Respiratory Allergy and Immunotherapy" supported by National Centre of Respiratory Allergy, Asthma & Immunology and Society for Tobacco Control on 14th–16th December, 2023 at Paintal Memorial Golden Jubilee Auditorium, Vallabhbhai Patel Chest Institute, Delhi. Prof. Raj Kumar was the Chairman of the organizing committee. All Faculty, Staff & Students attended the programme.

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Adverse Drug Reaction Monitoring Centre (AMC) of Pharmacovigilance Program of India-Goi at VPCI





The VPCI- Adverse Drug Reaction monitoring centre- GOI, organized- school Visits, Health Centre visits, Poster Competition of Post Graduates and training of Staff of VPCI during National Pharmacovigilance Week, as per Indian Pharmacopoeia Commission (IPC) directive under the Supervision of Prof Kavita Gulati, Dept Of Pharmacology from 17th -23rd September, 2023.

Research Projects and Fellowships

Presently, 11 Research Projects (funded by ICMR, DST, NCDC, Aarhus University Denmark & CCRYN), 01 MRU-ICMR-DHR-MoHFW-VPCI, 01 NTQLS-MoHFW-VPCI and 02 Research Fellowships (funded by ICMR) are continuing in the institute during the said period.

01 New Research Project 01 New Research Fellowship was additionally sanctioned during the period 1st July, 2023 to 31st December, 2023. The details are as follows:

Title of the Research Project	Department
"Nano therapy of Lung fibrosis using gene editing"	Funding Agency: LSRB-DRDO Dr. Ritu Kulshrestha, P.I. Department of Pathology Grant Received: 47.17 (Lakhs)

Title of the Research Fellowships	Department
"DBT-JRF Fellowship"	Funding Agency: DBT Ms. Suhani Yadav, JRF Dr. Anuradha Chowdhary, Supervisor Medical Mycology Unit Department of Microbiology Grant Received: 2.06 (Lakhs)

Multidisciplinary Research Unit (MRU-ICMR-DHR-MOHFW-VPCI)

The following research projects were approved under the MRU-ICMR-DHR-MoHFW-VPCI

TITLE OF THE RESEARCH PROJECT APPROVED UNDER MRU	DEPARTMENT
1. Role of host cellular proteins in influenza virus genome delivery and associated innate immune response.	Funding Agency: VPCI/DHR/MRU PI-Prof. Madhu Khanna, Virology unit,Department of Microbiology Date of Start: 22/08/2023
2. Aptamer functionalized liposome: A way toward immuno-targeted RNA based vaccine against influenza Virus.	Funding Agency: VPCI/DHR/MRU PI-Prof. Madhu Khanna Virology unit, Department of Microbiology Date of Start: 22/08/2023
3. Occurrence of Frailty in Interstitial Lung Disease and its Correlation with Quality of Life. "	Funding Agency: VPCI/DHR/MRU PI-Dr. Nitin Goel, Department of Pulmonary Medicine Date of Start: 22/08/2023
4. Outcomes and Predictors of Failure of Non-Invasive Ventilation in Acute Exacerbation of Chronic Obstructive Pulmonary Disease with Acute Hypercapnic Respiratory Failure.	Funding Agency: VPCI/DHR/MRU PI-Dr. Nitin Goel, Department of Pulmonary Medicine Date of Start: 22/08/2023
5. To Study the Genetic Polymorphisms of CHI311 Gene and its association with the Oxidative-Antioxidative balance in Chronic Obstructive Pulmonary Disease in North Indian population.	Funding Agency: VPCI/DHR/MRU PI-Prof. Vishwajeet Rohil, Department of Biochemistry, Date of Start: 22/08/2023
6. Evaluation of nitric oxide signaling mechanisms during airway inflammation and remodeling in an experimental model of bronchial asthma in rats.	Funding Agency: VPCI/DHR/MRU PI-Prof. Kavita Gulati, Department of Pharmacology, Date of Start: 22/08/2023





The MRU-ICMR-DHR-MoHFW-VPCI celebrated the "Swachhata Hi Sewa-2.0" campaign under the directive of Department of Health Research (DHR) by organizing seminar for HCP's roadside awareness campaign and social media awareness from 15th September - 02nd October, 2023.

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Awards & Honours

- **Prof. Raj Kumar, Director VPCI,** A CME on Allergy One Airway One Disease organize by Department of Otorhinolaryngology & Head and Neck at Venkateshwara Institute of Medical ciences on 4th August, 2023.
- **Prof. Raj Kumar, Director VPCI,** Scientific Programme about Establishing a Quit Smoking Clinic at Max Healthcare, New Delhi, on 5th August, 2023
- **Prof. Raj Kumar, Director VPCI**, gave faculty Lecture on "Immunotherapy for asthma: when and how?" at Pulmocon 2023, organised by Institute of Pulmocare & Research, Kolkata on 8th October, 2023.
- **Prof. Raj Kumar, Director VPCI**, Therapeutic Vaccines Dose Allegic Immunotherapy (AIT) work in Allergic Diseases? during CICM (India) Chapter 2 Conference Stay ahead with Innovation Education & Excellence in Pulmocare at India Habitate Centre, Gulmohar Auditorium, Lodhi road, Lodhi Estate, New Delhi, Delhi on 5th November, 2023.
- **Prof. Raj Kumar, Director VPCI**, Revolutionizing Tobacco Cessation through Technological Intervention at MAMC Complex, B.S.Z, Maulana Azad Institute of Dental Sciences on 6th November, 2023
- **Prof. Raj Kumar, Director VPCI**, US Pharmacopeia- South Asia Regional Convention (4th Regional Chapter Meeting at The Lalit New Delhi, Fire Bridade Lane, Barakhamba, New Delhi on 15th November, 2023.
- **Prof. Raj Kumar, Director VPCI**, South Asia Regional chapter organizes by United States Pharmacopeia (USP) at The Lalit New Delhi, Connaught Place on 15th November, 2023.
- **Prof. Raj Kumar, Director VPCI**, Conference Cum Workshop on Allergy-Allergy in Focus: From Triggers to Treatment at Conference Hall, Library block, UCMS and GTB Hospital, Delhi on 8th December, 2023.
- **Prof. Raj Kumar, Director VPCI**, Regional Summit on Strengthening Effective Implementation of the National Tobacco Control Program (NTCP) organized by The Department of Community Medicine & School of Public Health, PGIMER at Hotel Golden Tulip, (Sector 29) on 12–14 December, 2023.
- **Prof. Raj Kumar, Director VPCI**, NAPCON 2023, Silver jubilee Conference on Pulmonary Diseases under the aegis of the Indian Chest Society (ICS) and The National College of Chest Physicians (India) organized by Hyderabad International Convention Center, Hyderabad on 30th December, 2023.
- **Prof. Madhu Khanna, Dept. of Virology,** Received IVS Fellow Award in recognition of contribution of Medical Virology, Conferred at VIROCON-2023 ICAR-National Research Centre for Banana, Tiruchirapalli, Tamil Nadu, India on 01st-03rd December, 2023.
- **Prof. Madhu Khanna, Dept. of Virology,** Lecture delivered on "Comprehensive dengue vaccine development using multivalent T cell epitopes based immunogen" in VIROCON 2023-"Advancements in Global Virus Research Towards One Health" held at Tiruchirapalli, Tamil Nadu from 1-3 December 2023.
- **Prof. Madhu Khanna, Dept. of Virology,** Short Term Course on Basic and Molecular Virology on 5th June 2023 to 5th July 2023 (one month) at Virology Unit, VP chest institute

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Prof. Kavita Gulati Dept. of Pharmacology, participated in a CME on "Basic Concepts in Pharmacovigilance" at Maulana Azad Medical College, New Delhi organized in collaboration with National Coordination Centre, Indian Pharmacopoeia Commission, Ghaziabad, on 27th July, 2023

Prof. Kavita Gulati Dept. of Pharmacology, participated in Science20 (S20) conference on 'Disruptive Science for Innovative and Sustainable Development' under the aegis of G20 by Amity University in Collaboration with Indian National Science Academy (INSA), on 4-5 September, 2023

Prof. Kavita Gulati Dept. of Pharmacology, was an Expert member in IHEC of PGIMER, RML Hospital during meetings on 28.07.2023, 19.09.2023, 03.11.23.

Prof. Kavita Gulati Dept. of Pharmacology, was examiner M. Pharma (Clinical Res), DPSRU, on 20th October, 23

Prof. Kavita Gulati Dept. of Pharmacology, was Examiner for PhD viva of Ms Meenakshi at Amity University, NOIDA, on 9th November, 2023

Prof. Kavita Gulati Dept. of Pharmacology, delivered Key note address entitled "Experimental studies on the cellular and molecular mechanisms of Hedychium spicatum, to validate its use as a drug for bronchial asthma" during 4th International hybrid Conference on Traditional and alternative Medicine, on 23rd - 24th November, 2023

Prof. Ritu Kulshrestha Dept. of Pathology, External Member of the 26th 'Soldier Health & Drug Development- LSRB' specialist panel project review meeting held at INMAS on 26th July 2023 member of Board of Studies, School of Allied Sciences, Delhi Skill & Entrepreneurship University (DESU) since 16th March, 2023





Prof. Ritu Kulshrestha Dept. of Pathology, Invited Faculty and Speaker/Science Champion on 'Medical Diagnostics using Artificial Intelligence Technology —Existing and Future of AI in Medicine', at S-20/G-20 Outreach event (Day 1), Session titled- "Creating Impact in a Science Driven World: Start-up Stories'organised at Chitkara University, Rajpura, Punjab on 31st July 2023.

Prof. Ritu Kulshrestha Dept. of Pathology, Invited Faculty and Speaker on Pathology of ILD at "ILD Patient Support Group Event" organised by Dept of Pulmonary Medicine, Max hospital-Shalimar Bagh on 7th August 2023

Prof. Ritu Kulshrestha Dept. of Pathology, Member of Board of Studies meeting of School of Allied Medical Sciences (SAMS), Delhi Skill and Entrepreneurship University, Government of NCT of Delhi, held on 6th September, 2023

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Prof. Ritu Kulshrestha Dept. of Pathology, Invited Faculty lecture on 'Nanotheranostics and targeted drug delivery in lung fibrosis', IPF week, Organised at V.P.Chest Institute, University of Delhi, 20th September 2023

Prof. Ritu Kulshrestha Dept. of Pathology, Invited Faculty lecture on Interstitial lung diseases workshop during the NAPCON 2023 Delhi, organised by Indian Chest Society at Apollo Hospital, New Delhi-5th-8th October 2023

Prof. Ritu Kulshrestha Dept. of Pathology, Invited Faculty lecture on (I) Molecular diagnosis of lung cancer and (2) Interesting case presentation, during the "FIRST PULMONARY PATHOLOGY PHYSICAL CONFERENCE" organised by Association of Thoracic Pathologists in association with ESIC medical college and hospital, Hyderabad, Telangana on 21 October to 22 October 2023

Prof. Ritu Kulshrestha Dept. of Pathology, in Panel Discussion on, "Enhancing the Research Ecosystem at Universities in India" organized by Indian National Science Academy at India Habitat Centre on 3rd November 2023





Prof. Ritu Kulshrestha Dept. of Pathology, Invited Faculty Lecture on, "A rare case of DPLD with Tracheal Myiasis in a 65 year Male" in the session on Interesting rare case of lung disease 7th Annual Conference of Asia-Australian Pulmonary Pathology Society, Taichung, Taiwan from 2nd December to 3rd December, 2023

Prof. Vishwajeet Rohil, Dept. of Biochemistry, External Examiner for PhD thesis of Ms. Meenakshi Rohilla held on 25th August, 2023 at University School of Basic and Applied Sciences, Guru Gobind Singh Indraprastha University Dwarka, New Delhi

Dr. Jayeeta Bhadra, Dept. of Biochemistry, External Examiner for Viva-voce of Laboratory Medicine-VII (Clinical Biochemistry) course of GGSIP university held on 24th July, 2023 at VMMC, Safdarjung Hospital, New Delhi

Dr. Jayeeta Bhadra, Dept. of Biochemistry, Participated, Online course on Therapeutic Drugs Management organized by Learning Lab for Laboratory Medicine, on 6th July, 2023.

Dr. Jayeeta Bhadra, Dept. of Biochemistry, Participated, Webinar on "The Importance of Precision and Accuracy in HbA1C Measurement" organized by Association for Diagnostics, Laboratory Medicine, "on 22nd August, 2023.

Dr. Jayeeta Bhadra, Dept. of Biochemistry, Participated, Online course on "Implementation of ISO 15189:2022" organized by Udemy, on 9th November, 2023.

Dr. Jayeeta Bhadra, Dept. of Biochemistry, Participated, Webinar on" Pitfalls in HbA1C analysis and Reporting: Interesting Cases and Recommendations on Reporting" organized by Bio-Rad Laboratories on 14th November, 2023.

Dr. Navnika Kapoor 3rd Year PG, MD student, Dept. of Pharmacology, presented a Poster entitled 'Evaluation of nitric oxide signalling mechanisms during airway inflammation and remodelling in experimental model of bronchial asthma in rats' in International hybrid conference of traditional and alternative medicine on 24th November, 2023.

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Dr. Rashmi Dhir, 2nd Year PG, MD student, Dept. of Pharmacology, presented a Poster entitled 'Effects of nitric oxide donors and arginase inhibitor on inflammation and oxidative stress in an experimental model of asthma in rats and the possible mechanisms' in International hybrid conference of traditional and alternative medicine on 24th November, 2023.

Dr. Akhil S 1st **Year PG**, **Dept. of Pharmacology**, presented a Poster entitled 'Adverse Drug eactions of COPD Drugs on Elderly Patients' in International hybrid conference of traditional and alternative medicine on 24th November, 2023.

Dr. Mohd. Azharuddin Mulla, MD student, Dept. of Biochemistry, Special appreciation for the Research work presented as Poster at 30th Annual Conference of Association of Medical Biochemists of India entitled "Decoding Complexity of Biomolecules:Exploring Clinical Biochemistry for Enhanced Healthcare" organized by Department of Biochemistry, Lokmanya Tilak Municipal Medical College, General Hospital Sion, Mumbai 14th to 16th December 2023.

Hemlata Sharma, JRF, Dept. of Pharmacology, presented oral paper entitled "Evaluation of cellular and molecular mechanisms of herbal drug Aerva Lanata Linn. in experimental model of bronchial asthma in rats" during 4th International hybrid Conference Traditional and alternative Medicine, 23rd-24th November, 2023.

Promotions



On 10th November 2023, The faculty of VPCI were promoted w.e.f their date of eligibility to Director Professors (Dr Ritu kulshrestha, Dr Vishal Bansal and Dr Vishwajeet Rohil) and to Associate Professors (Dr Nitin Goel, Dr Sonam Spalgias, Dr Parul Mrigpuri, Dr Jayeeta Bhadra, Dr. Siddharth Raj Yadav).

Superannuation And Farewell



Mr. Lalchand, Gestener Operator, superannuated from his services, retired on 30/08/23 after completion of almost 37 years of service in VPCI.

Appointments



Dr. Ankit Arora, Joined as an Assistant Professor in the Department of Pharmacology, on 29th November, 2023.



Dr. Vidushi Rathi, Joined as an Assistant Professor in the Department of Pulmonary Medicine on 28th December, 2023.

Visitors





Dr. Jayesh Kanuga, Clinical Assistant Professor, Allergy & Immunology University of Medicine & Dentistry of New Jersey (UMDNJ) visited at Dept. of NCRAAI, VP Chest Institute on 23rd December, 2023.

Press and Media Report: Several Articles were published in National and regional Newspapers, some are:



Rastriya Sahara 27th October, 2023

HEALTHCARERADIUS



Vallabhbhai Patel Chest Institute holds COPD awareness program

Vallabhbhai Patel Chest Institute raises COPD awareness and discusses institute's research on respiratory diseases at the 7th Dr VK Vijayan Oration program. Vallabhbhai Patel Chest Institute, known for its respiratory disease research, held discussions and lectures on COPD awareness at the 7th Dr VK Vijayan Oration program it hosted recently. The event focused on 'COPD:

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New Delhi, October 31, 2023: Vallabhbhai Patel Chest Institute, a unique postgraduate medical institute known for its research on respiratory diseases and dedicated to research, teaching, and patient care in the field of chest diseases organises its 7th Dr. V.K. VIJAYAN ORATION programme on the topic "COPD: The Emerging Epidemic and Our Research Journey." COPD has emerged as an emerging epidemic today and the people were made aware about the COPD epidemic & the research done on it.

Forthcoming Events/meetings Going To Be Organized In The Institute.

47th Workshop on Respiratory Allergy Diagnosis & Management Will be organized by NCRAAI Vallabhbhai Patel Chest Institute, Delhi from 12th – 16th February, 2024.

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